

Elena Vanishing A Memoir

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Elena Vanishing A Memoir

Elena Vanishing is a memoir written by Elena Dunkle and her mother Clare. Readers follow Elena's journey with her eating disorder from high school to college and after. She is her own worst enemy as the voice in her head pushes her to be perfect, thin, and beautiful.

Amazon.com: Elena Vanishing: A Memoir (9781452152141 ...

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Elena Vanishing: A Memoir - Kindle edition by Dunkle ...

This is the story of seventeen-year-old Elena, whose armor against anxiety becomes artillery

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against herself as she battles on both sides of a lose-lose war in a struggle with anorexia. Told entirely from Elena's perspective and co-written with her mother, Elena's memoir is a fascinating and intimate look at a deadly disease, and a must-read for anyone who knows someone suffering from an eating disorder.

Elena Vanishing: A Memoir by Elena Dunkle, Clare B. Dunkle ...

Elena Vanishing is a memoir written by Elena Dunkle, with the assistance of her mother, Clare Dunkle. It chronicles Elena's journey with an eating disorder, Anorexia Nervosa. The book begins during her junior year of high school, but by this time, her eating disorder is already well underway.

Elena Vanishing by Elena Dunkle - Goodreads

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Elena vanishing : : a memoir / | Longmont Public Library

As heard on NPR's Diane Rehm Show! Seventeen-year-old Elena is vanishing. Every day means renewed determination, so every day means fewer calories. This is the story of a girl whose armor against anxiety becomes artillery against herself as she battles on both sides of a lose-lose war in a struggle with anorexia.

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ELENA VANISHING is my memoir, the story of my life and almost-death with adolescent anorexia nervosa. ELENA VANISHING IS NOW AVAILABLE! Click here to order my memoir in hardcover. Click here to order it in Kindle format.

Elena Dunkle's website

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ELENA VANISHING is the story of my life with trauma and with this insidious and deadly eating disorder. Half of the book describes my descent, step by step, into behaviors so severe that they almost ended my life twice.

The story behind Elena Dunkle's memoir, ELENA VANISHING

Elena Vanishing: A Memoir by Elena Dunkle and Clare B. Dunkle Every day Elena Dunkle is disappearing. Her need to be skinny and appear perfect overtakes every other aspect of her life.

Elena Vanishing: A Memoir | Bookreporter.com

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Elena Vanishing - Chronicle Books

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Elena Vanishing : A Memoir - Walmart.com - Walmart.com

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Elena Vanishing: A Memoir (Hardcover) | BookPeople

"Seventeen-year-old Elena is vanishing. Every day means renewed determination, so every day means fewer calories. This is the story of a girl whose armor against anxiety becomes artillery against herself as she battles on both sides of a lose-lose war in a struggle with anorexia"--Amazon.com. Read more...

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